

Run4life FEBRUAR CHALLENGE 2021

| Deltakere | Klubb / team | Vinter5k | Vinter10k | Kilometertrimmen - antall km løp og langrenn (tilsvarende 50% av løping) | | | | | | | | | | | | | | | | | | | | | | | | LØP SUM KM | SKI SUM KM | SUM KM * (omregnet) | | | | | | |
|------------|---------------------------|--|-----------|--|--------|--------|--------|--------|-----------|-----------|--------|--------|--------|--------|--------|-----------|-----------|--------|--------|--------|--------|-----------|--------|-----------|--------|--------|--------|---------------|---------------|------------------------|---------------|---------------|---------------|-----------------|---------------|-----------------|
| | | | | 01.feb | 02.feb | 03.feb | 04.feb | 05.feb | 06.feb | 07.feb | 08.feb | 09.feb | 10.feb | 11.feb | 12.feb | 13.feb | 14.feb | 15.feb | 16.feb | 17.feb | 18.feb | 19.feb | 20.feb | 21.feb | 22.feb | 23.feb | 24.feb | | | | 25.feb | 26.feb | 27.feb | 28.feb | | |
| 1 | Andrew Tillery | Muthaiga Striders | | | 10,38 | 23,47 | 40,99 | 40,68 | 39,56 | 37,19 | 39,10 | | 40,63 | 12,84 | 3,60 | 37,70 | 8,77 | 17,22 | 3,17 | 17,40 | | 20,50 | 25,08 | 25,10 | 20,29 | 31,22 | 31,63 | 26,61 | 26,63 | 21,20 | 600,96 | 0,00 | 600,96 | | | |
| 2 | Morten Vestvik | Team Sportsmanden | 21.02 (2) | 42.27 (2) | 17,02 | 21,33 | 18,03 | 16,02 | 16,70 | 16,01 | 15,01 | 17,51 | 24,61 | 17,00 | 13,81 | 17,30 | 15,01 | 17,00 | 16,20 | 22,71 | 15,39 | 15,50 | 16,01 | 15,01 | 15,20 | 15,01 | 22,19 | 13,01 | 17,22 | 18,21 | 12,00 | 20,29 | 476,31 | 0,00 | 476,31 | |
| 3 | Paul Tollefsen | Team Teka | 35.48 (6) | 1.13.48 (6) | 10,61 | 16,78 | 12,09 | 10,67 | | 10,16 | 21,20 | 11,02 | 16,65 | 14,84 | 10,29 | 7,06 | | 11,27 | 10,15 | 5,25 | 10,85 | 10,17 | 11,53 | 5,14 | 12,64 | 11,35 | 9,22 | 10,08 | 16,90 | 11,66 | 10,00 | 9,55 | 297,13 | 131,03 | 362,65 | |
| 4 | Asbjørn Kvernørd | Team Sportsmanden | | | | | | 13,01 | | 18,32 | | 19,82 | | 20,32 | 22,14 | 18,24 | | 10,10 | 16,51 | 17,15 | 10,84 | 20,51 | | 23,13 | 13,92 | 25,73 | 25,69 | | 9,95 | 31,22 | 21,11 | 19,10 | 308,02 | 0,00 | 308,02 | |
| 5 | Svein Eirik Pettersen | Sandnes IL / Team Sportsmanden | 35.48 (6) | | | 18,06 | 18,02 | 24,3 | | 15,05 | 16,09 | 18,54 | | 16,55 | | 25,54 | 20,00 | 18,08 | 18,08 | | | | 20,06 | 22,23 | 16,51 | 20,12 | 16,32 | | | | | 303,55 | 0,00 | 303,55 | | |
| 6 | Frode Monsen | Team Sportsmanden | 22.45 (5) | 43.48 (4) | | 10,26 | 13,33 | 18,22 | | 20,17 | 11,53 | 12,23 | | 10,58 | | | | 17,03 | 30,51 | 36,34 | 11,15 | | 11,00 | 7,70 | 10,10 | 10,27 | 22,06 | 8,11 | 10,11 | 13,20 | 15,35 | 16,20 | 200,25 | 115,20 | 257,85 | |
| 7 | Merete Bolin | Team Sportsmanden | | | | 8,62 | 5,40 | 16,06 | | 10,55 | | 5,43 | 11,34 | 5,41 | | | 24,04 | | 30,51 | 36,34 | 11,15 | | 5,40 | 10,36 | 5,42 | | 8,60 | 4,05 | | 10,13 | 23,12 | 11,17 | 13,77 | 178,87 | | 232,18 |
| 8 | Karl Joachim Svendsen | Team Sportsmanden | 21.37 (3) | | | | | | | 20,06 | | | | | | | | 14,03 | 13,07 | | | | | | (sum) | 193,20 | 10,06 | | 5,04 | 22,77 | | | 231,07 | 0,00 | 231,07 | |
| 9 | Ingar Romslo | Bækkalokket | | | | | | | (sum uke) | 54,00 | 5,61 | 7,57 | 10,11 | 8,27 | 12,00 | | 5,00 | 10,42 | 5,01 | 7,21 | 6,63 | 5,07 | 8,16 | 7,71 | 7,34 | 5,57 | 9,38 | 6,02 | 5,12 | 6,43 | 10,01 | 18,20 | 220,84 | 0,00 | 220,84 | |
| 10 | Inger Johanne Kloket | Team Sportsmanden | 22.51 (1) | 46.33 (1) | 10,88 | 8,61 | 9,50 | | 1,01 | | 14,50 | 8,02 | 12,01 | 13,00 | | 10,01 | | 14,00 | 13,00 | 8,02 | 12,02 | | 20,03 | | 11,00 | 5,00 | 10,02 | | 12,00 | 9,02 | 6,00 | 13,00 | 219,64 | 1,01 | 220,15 | |
| 11 | Morten Stiansen Haugeland | Team Sportsmanden | 21.55 (4) | 43.26 (3) | | 10,01 | 10,01 | 6,99 | 8,01 | 10,01 | 5,01 | | | 9,01 | 10,01 | 10,01 | | 15,01 | | 16,02 | 8,00 | 9,01 | | 10,00 | 7,00 | | 13,35 | 7,00 | 6,01 | | 14,00 | 10,10 | 194,57 | 20,88 | 205,01 | |
| 12 | Frank Skaftun | | | | | 7,79 | 12,35 | | 14,28 | 8,78 | | 12,54 | 15,18 | | 10,21 | | 16,02 | 8,78 | 3,14 | 11,08 | 10,03 | | 12,09 | | 9,36 | 15,23 | | 16,89 | 10,02 | | 10,01 | | 203,78 | 0,00 | 203,78 | |
| 13 | Magnar Nilsen | Senadrott Motbakkelaag Søre Sunnmøre | | | | | | | (sum uke) | 65,23 | | | | | | (sum uke) | 34,47 | | | | | (sum uke) | 57,27 | | | | | (sum uke) | 60,55 | | | 60,55 | 156,97 | 139,04 | | |
| 14 | Jan Rune Nuland | Team Sportsmanden | | | | 8,29 | 8,33 | | | (sum uke) | 5,00 | | | 14,08 | 6,31 | | (sum uke) | 10,00 | | 6,37 | | 13,47 | | (sum uke) | 20,00 | 10,69 | | | | 19,52 | 4,00 | | 126,06 | 0,00 | 126,06 | |
| 15 | Rolf Lønstad | Gjøvik & Toten Golfklubb / Team Sportsmanden | | | | | | | | | | | | | | | | | | | | | | | | | | | sum sum | 25,00 | 198,00 | 25,00 | 198,00 | 124,00 | | |
| 16 | Peder Guldbjørnsen | Team Sportsmanden | | | | 7,16 | 4,28 | 9,02 | | 8,26 | | 7,01 | | | | 12,10 | 10,02 | 6,44 | | | 6,37 | 5,15 | | 10,18 | | 6,02 | 3,07 | 6,25 | | 10,01 | | | 111,34 | 0,00 | 111,34 | |
| 17 | Kjell Vidar Opdal | Løpegruppa Kjeppjagd | | | | 6,31 | 20,80 | 7,37 | | | | | | | 8,46 | | | | | | | | | 5,84 | 10,10 | 12,35 | 9,49 | 7,10 | 6,16 | 8,05 | | | 102,03 | 0,00 | 102,03 | |
| 18 | Pauline Semb | | | | 3,10 | | 4,56 | 7,09 | | 10,00 | | 5,43 | 5,03 | | | 6,80 | 6,70 | | 3,38 | | | 5,32 | | 4,44 | 6,06 | | | | | 6,90 | | | 74,81 | 0,00 | 74,81 | |
| 19 | Hans Jørgen Lund | Team Sportsmanden | | | | | | | | 10,55 | | | | | | | | | | | | | | | | | | | | 13,77 | | | 24,32 | 0,00 | 53,33 | |
| 20 | Stig M Vestnes | Ratvika Vell | | 1.03:27 (5) | | 10,16 | | | | | | | 9,01 | | | | 14,03 | 13,07 | | | | | 20,79 | | 10,13 | | | | | | | 25,50 | 0,00 | 25,50 | | |
| | Jan Billy Aas | Team Sportsmanden | 18.20 (1) | 42.01 (1) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Elin Kristine Stølsvik | Team Sportsmanden | 27.26 (2) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| SUM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 3 984,60 | 787,73 | 4 378,47 |